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— AMERICAN BOARD OF PLASTIC SURGERY —

Plastic Surgery Just For Men

Guess what? Men and women really are not alike- either in appearance or how they age. For many reasons (mostly unfair), men age more slowly in the lower face and neck, and distribute weight gain in different areas than women.

Plastic surgery in men requires a thorough anatomic as well as artistic understanding of how to make men look younger as opposed to looking “different” and “done”. Dr. Koplin has maintained a significant loyal following of male patients in his practice, and this has translated to a very well-crafted skill set specific to the aesthetic goals of men.

For example: browlift (brow elevation) surgery in women may result in an exotic, open look to the upper eyelids. In men, this can translate to a feminization of the forehead, eyebrows and eyelids that is extremely unattractive. We aesthetically allow a low eyebrow position in men, and changing this can upset the balance of facial appearance. The goal is to look younger, more rested and alert- not different, feminine and unrecognizable.

Therefore, Dr. Koplin considers the male branch of plastic surgery to have its own separate goals, techniques and aesthetics that he steadfastly employs to create consistently pleasing, masculine and long-lasting results.

The most common facial procedures in younger men (ages 20-55) are upper and lower eyelid surgery and liposuction of the neck. Each requires a more conservative and specific approach to achieve the quality of results described above. For example, Dr. Koplin uses a very simple brow-stabilizing procedure to prevent over-elevation and over-arching of the eyebrows without requiring additional incisions or scars in the scalp. The last thing men desire is to have the hairline elevated or the forehead lengthened to achieve eyebrow elevation. His specialized techniques in liposuction of the neck include “fat equalization” (Lipo-FE), which creates a smoother result and promotes skin tightening.

As men age, the distribution of body fat increases in the abdomen, waist and flanks (“love handles”). Following effective liposuction, there can be a tendency to gain weight in new places. For women, a small amount of weight gain in the breasts may come as welcome news, but in men this is a very unattractive condition known as gynecomastia. Knowing this, Dr. Koplin is very specific in discussing all current and potential areas of treatment in men, to plan a truly permanent result. The technique of fat equalization and promotion of skin tightening (Lipo-FE) creates a shaped, sculpted result appropriate to the male contour.

In the age group 55+, lower face and neck rejuvenation becomes the most requested plastic surgery procedure in men. Because of blood supply, beard growth and hair patterns, the operation is not only tailored differently but also specific to the particular individual. Goals in contouring of the neck and shaping of the face are very different from women, and great care is taken to maintain the masculine elements, including hairline, beard line and earlobe position. Witness how subtle errors can create obvious disasters in prominent and public male figures.

Creating the truly “natural” result is the gold standard in all plastic surgery. Dr. Koplin’s experience, aesthetic eye and attention to detail are seen in full effect with all procedures involving the male patient.